



ONE DAY STATE LEVEL WEBINAR ON PANDEMIC AND PHILOSOPHICAL INSIGHT

Organised by:

Department of Philosophy in Collaboration with
IQAC, Karimpur Pannadevi College.

Date- 05th August, 2020 (Wednesday), Time : 3:00 pm - 5:00 pm



Topic : Current Pandemic Situation and Bhāratīya Śāstra.

Dr. Gangadhar Kar Nayācārya

Professor, Department of Philosophy, Jadavpur University,



**Topic : Dealing with Mental Health during the Pandemic:
Approaches from Philosophical Counselling.**

Swagata Ghosh, Assistant Professor

Department of Philosophy, University of North Bengal

&

**Founder Member and Counsellor Unit for Counselling Services and Learning,
Self-Help University of North Bengal.**

Our Departmental Advisors :

- Smt. Kakali Bandhyopadhyaya, Asst. Prof. & HOD, Department of Philosophy, Karimpur Pannadevi College.
- Barnali Dey Biswas, SACT, Department of Philosophy, Karimpur Pannadevi College.
- Madhumita Biswas, SACT, Department of Philosophy, Karimpur Pannadevi College.
- Firdousi Khatun, SACT, Department of Philosophy, Karimpur Pannadevi College.

Convener :

- Smt. Indrani Sen, Asst. Prof. , Department of Philosophy, Karimpur Pannadevi College.

For query :

indranisen25@gmail.com

Last date of registration : - 5th August 2020,
upto 1.00 pm.

For Free Registration Click Here



Probable Outcomes of the Webinar :

Philosophy is the system of thought and reflection. As we know it does not confine itself in the mere discussion of knowledge, but also reflects on our practical life. So philosophy includes both theory as well as practice. Indian philosophy the world's most ancient philosophical tradition is basically deals with different kind of social and spiritual problems and providing their solution. It gives a deep and valuable insight on how to overcome form the three types of sufferings of human beings like *Ādhibhoutik*, *Ādhidaibik* and *Ādhyātmik*.

Lecture 1 deals with :

1. What Bhāratiya Śāstras say about virus and its types?
2. Why our culture emphasis on Namaskara rather mere Handshake?
3. What are the spiritual teachings of Bharatiya Shas-tras to overcome this unnerving condition?

Lecture 2 deals with :

1. The concept of Philosophical Counseling, which is a new trend, a contemporary movement in practical philosophy.
2. The importance of Philosophical Counseling to conquer anxiety, stress by using philosophical theories, excluding the issues like medical or pathological.
3. How to attain a meaningful life by using the guideline of Philosophical Counseling.

Programme Schedule:

- 3:00 – 3:05 pm : Introductory note by the convener.
- 3:05 – 3:15 pm : Key note address by Smt. Kakali Bandhyopadhyaya, Asst. Prof. & HOD, Department of Philosophy, Karimpur Pannadevi College.
- 3:15 – 3:55 pm : Current Pandemic Situation and Bhāratiya Śāstra by Dr. Gangadhar Kar Nayācārya, Professor, Department of Philosophy, Jadavpur University.
- 3:55 - 4:00 pm : Q & A on Lecture 1
- 4:00 – 4:45 pm : Dealing with Mental Health during the Pandemic: Approaches from Philosophical Counselling by Swagata Ghosh, Assistant Professor Department of Philosophy, University of North Bengal.
- 4:45 - 4:55 pm : Q & A on Lecture 2
- 4:55 - 5:00 pm : Vote of thanks. Sri Kaustav Bhattacharyya, TIC, Karimpur Pannadevi College.

E- certificate will be provided only to the active proper participants.

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